

Fish & Cow

LUNSMENY

SMÅRETTER

(Velg 2-3 for å bli mett)

RÅMARINERT KAMSKJELL Kr 195
Eple, Tindved & grønn chilli
(bløtdyr, melk, sulfitt)

REKE DUMPLINGS Kr 195
Petit pois, koriander & soya
(skalldyr, gluten, fisk, egg, sennep, sulfitt, sesam)

HVIT ASPARGES Kr 175
Rogn, estragon & surdeigsbrød
(fisk, egg, sennep, melk, sulfitt, hvete)

GRILLA OKSETARTAR Kr 185
Løk, estragon & sennep
(egg, sennep, sulfitt, hvete)

HUMMERSUPPE Kr 255
Fennikel, estragon & safran
(skalldyr, melk, sulfitt, seller, sennep, egg)

BESTSELGERE

FISH&COWS FISKESUPPE Kr 165/219
Dagens fangst
(skalldyr, bløtdyr, fisk, melk)

F&C CÆSARSALAT kr 199
Kylling & bacon
(hvete, egg, melk, sulfitt, sennep, fisk)

SHARING

SHARING – KOKKENS DELEMENY

Liten sharing – 4 serveringer Kr 335

Stor Sharing – 6 serveringer Kr 495

Allergener – spør din servitør

HOVEDRETTER

LAMMESKANK Kr 355
Rotgrønnsaker, potetpuré & sj
(melk, sennep, sulfitt)

DAGENS FISK Kr 315
Paprika, gremolata & gnocchi
(fisk, lupin, melk, egg, sulfitt)

KYLLING FRA HÅ Kr 375
Estragon, blomkål & løk
(melk egg, hvete, soya, sennep, sulfitt)

GRILLET BURGER kr 235/med fries kr 285
Cheddar, bacon, pickled cucumber
(hvete, egg, melk, sulfitt, sennep)

SØTE AVSLUTNINGER

EPLER FRA RANDABER Kr 169
Salt karamell, vanilje og calvados
(hvete, egg, melk, sulfitt)

SJOKOLADE NEMESIS Kr 175
Bringebær & kjernekokran
(melk, nøtter, egg)

OSTEKAKE MED NYR Kr 155
Appelsinorbet, sitrus & pistasj
(melk, egg, nøtter)

Fish & Cow

LUNCH MENU

SMALL DISHES

(Choose 2-3 to get full)

MARINATED SCALLOPS Kr 195

*Apple, sea buckthorn & green chili
(molluscs, milk, sulphite)*

SHRIMP DUMPLINGS Kr 195

*Petit pois, coriander & soy
(shellfish, gluten, fish, egg, mustard,
sulphite, sesame)*

WHITE ASPARAGUS Kr 175

*Roe, tarragon & sourdough
(fish, egg, mustard, milk, sulphite wheat)*

GRILLED BEEF TARTAR Kr 185

*Onion, tarragon & mustard
(egg, mustard, sulphite, wheat)*

LOBSTER SOUP Kr 255

*Fennel, tarragon & saffron
(shellfish, egg, mustard, celeriac, milk,
sulphite)*

BESTSELLERS

FISH & COW'S FISH SOUP Kr 165/219

*Today's Catch
(shellfish, molluscs, fish, milk)*

F&C CÆSAR SALAD Kr 199

*Chicken & bacon
(wheat, egg, milk, sulphite, mustard, fish)*

SHARING

SHARING – CHEF'S CHOICE MENU

Small sharing – 4 servings Kr 335

Big sharing – 6 servings Kr 495

Allergens – ask your waiter

MAIN COURSES

LAMB SHANK Kr 355

*Root vegetables, potato pure and lamb sauce
(milk, mustard, sulphite)*

TODAY'S FISH Kr 315

*Paprika, gremolata & gnocchi
(fish, lupin, milk, egg, sulphite)*

CHICKEN FROM HÅ Kr 355

*Tarragon, Cauliflower & onion
(milk, egg, wheat, soy, mustard, sulfite)*

GRILLED BURGER kr 235/with fries kr 285

*Cheddar, bacon & pickled cucumber
(wheat, egg, milk, sulphite, mustard)*

SWEETS

APPLES FROM RANDABERG Kr 169

Salty caramel, vanilla & calvados 185
(wheat, egg, milk, sulfites)

CHOCOLATE NEMESIS Kr 175

*Raspberry, seed candy & vanilla
(milk, nuts, egg)*

CHEESECAKE WITH NYR Kr 155

*Orange sorbet, citrus & pistacho
(milk, egg, nuts)*