

Fish & Cow

SNACKS

HUSETS BRØD MED PISKET SMØR (gluten, melk)	Kr 29
CHARCUTERIE (ost, skinker og tilbehør) (melk, hvete, nøtter, sulfitt)	Kr 175
MARINERTE LOSADA-OLIVEN & NØTTER (nøtter, sulfitt)	Kr 75
MONT D`OR (Passer til 2-3personer) 30min Sort trøffel, honning-nøtter & surdeigsbrød (melk, gluten, hasselnøtt)	Kr 425

FORRETTER

RÅMARINERTE KAMSKJELL FRA FRØYA Eple, tindved & grønn chili (bløtdyr, melk, sulfitt)	Kr 195
HVIT ASPARGES Rogn, estragon & surdeigsbrød (fisk, egg, sennep, melk, sulfitt, hvete)	Kr 175
ØRRET FRA SIRDAL Blåskjell, salvie & cavatelli (fisk, skalldyr, melk, egg, hvete, sulfitt)	Kr 175
DUMPLINGS Petit pois, koriander & soya (skalldyr, bløtdyr, gluten, fisk, egg, sennep, sulfitt, sesam)	Kr 195
GRILLA OKSETARTAR Løk, estragon & sennep (egg, sennep, sulfitt, hvete)	Kr 185
HUMMERSUPPE Fenikkel, estragon & safran (skalldyr, egg, sennep, selleri, melk, sulfitt)	Kr 255
FISH & COWS FISKESUPPE Dagens fangst & rotgrønnsaker (skalldyr, bløtdyr, fisk, melk, selleri)	Kr 165/219

HOVEDRETTER

DAGENS GRILLET KJØTT Gresskar, «Topp Sopp» & rødvinsjy (melk, sulfitt, egg, selleri, sennep)	Kr 445
LAMMESKANK Rotgrønnsaker, potetpurè & sjy (melk, sennep, sulfitt)	Kr 375
DAGENS FISK Paprika, gremolata & gnocchi (fisk, lupin, sulfitt, melk, egg)	Kr 365
KYLLING FRA HÅ Estragon, blomkål & løk (melk egg, hvete, soya, sennep, sulfitt)	Kr 375
GRILLET BURGER Cheddar, bacon, syltet agurk & fries (hvete, egg, melk, sulfitt, sennep)	Kr 295

DESSERT

MONT D`OR (passer til 2-3 personer) 30 min Sort trøffel, honning-nøtter & surdeigsbrød (melk, gluten, hasselnøtt)	Kr 425
SJOKOLADE NEMESIS Bringebær & kjernekokran (melk, egg, nøtter)	Kr 175
OSTEKAKE MED NYR Appelsinsorbet, sitrus & pistasj (melk, egg, nøtter)	Kr 155
EPLER FRA RANDABERG Salt karamell, vanilje og calvados (hvete, egg, melk, sulfitt)	Kr 169
SØTT TIL KAFFEN Canele & pate fruit (melk, hvete, sulfitt)	Kr 45

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ENGLISH!

SNACKS

HOME MADE BREAD WITH WHIPPED BUTTER (gluten, milk)	Kr 29
CHARCUTERIE (cheese, ham and garnish) (milk, wheat, nuts, sulphite)	Kr 175
MARINATED LOSADA-OLIVES & NUTS (nuts, sulphite)	Kr 75
MONT D`OR (suitable for 2-3 persons) 30min Black truffle, honey-nuts & sourdough bread (milk, gluten, hazelnuts)	Kr 425

STARTERS

MARINATED SCALLOPS FROM FRØYA Apple, sea buckthorn & green chili (molluscs, milk, sulphite)	Kr 195
WHITE ASPARAGUS Roe, tarragon & sour dough (fish, egg, mustard, milk, sulphite wheat)	Kr 175
FRESH WATER TROUT FROM SIRDAL Mussels, sage & cavatelli (fish, shellfish, milk, egg, wheat)	Kr 175
DUMPLINGS Petit pois, coriander & soy (shellfish, molluscs, gluten, fish, egg, mustard, sulphite, sesame)	Kr 195
GRILLED BEEF TARTAR Onion, tarragon & mustard (egg, mustard, sulphite, wheat)	Kr 185
LOBSTER SOUP Fennel, tarragon & saffron (shellfish, egg, mustard, celeriac, milk, sulphite)	Kr 255
FISH & COW`S FISH SOUP Today`s catch & root vegetables (shellfish, molluscs, fish, milk, celeriac)	Kr 165/219

MAIN COURSES

TODAY`S GRILLED MEAT CUT Pumpkin, mushrooms & red wine jus (milk, sulphite, egg, celeriac, mustard)	Kr 445
LAMB SHANK Root vegetables, potato pure and lamb sauce (milk, mustard, sulphite)	Kr 375
TODAY`S FISH Paprika, gremolata & gnocchi (fish, lupine, sulphite, milk, egg)	Kr 365
CHICKEN FROM HÅ Tarragon, Cauliflower & onion (milk, egg, wheat, soy, mustard, sulfite)	Kr 375
GRILLED BURGER Cheddar, bacon, pickled cucumber & fries (wheat, egg, milk, sulphite, mustard)	Kr 295

DESSERT

MONT D`OR (suitable for 2-3 persons) 30 min Black truffle, honey nuts & sourdough bread (milk, glute, hazelnut)	Kr 425
CHOCOLATE NEMESIS Raspberries & caramelized seeds (milk, eggs nuts)	Kr 175
CHEESECAKE WITH NYR Orange sorbet, citrus & pistacho (milk, egg, nuts)	Kr 155
APPLES FROM RANDABERG Salty caramell, vanilla & calvados (wheat, egg, milk, sulfites)	Kr 169
PETIT FOURS Canelé & pate fruit (milk, wheat, sulfite)	Kr 45